

2014 South Central Relays Schedule of Events

<u>TIME</u>	<u>EVENTS</u>	<u>RECORD</u>	<u>RECORD HOLDER</u>	<u>YEAR</u>
12:00	Girls 100m Hurdles (Finals)	15.6	Alexa Duling-Gregory	2007
12:15	Boys 110m Hurdles (Finals)	14.7	Hudson Priebe	2012
12:20	Girls 100m Prelims	12.1	Julie Klein-Armour	1977
12:30	Boys 100m Prelims	10.7	Lucas-Chamberlain	1977
12:40	Girls 3200m Relay	10:11.6	Chamberlain	2003
12:55	Boys 3200m Relay	08:20.4	Platte	2003

FINALS

1:40	Girls 100m Dash	12.1		
1:45	Boys 100m Dash	10.7		
1:50	Frosh-Soph Girls 800m Relay	01:55.5	Corsica	2003
1:55	Frosh-Soph Boys 800m Relay	01:42.9	Gregory	2005/2008
2:00	Girls 800m Relay	01:50.3	Gregory	2005
2:10	Boys 800m Relay	01:33.9	Gregory	2003
2:20	Girls 1600m Run	05:20.6	Sarah Zeisler-Butte	2001
2:30	Boys 1600m Run	04:28.9	Tjay Sanderson-Chamberlain	2002
2:40	Girls 400m Relay	52.6	Plankinton	1999
2:45	Boys 400m Relay	45.0	Gregory	2003
2:55	Girls 400m Dash	58.1	Andrea Warnke-Bonesteel-Fairfax	2003
3:05	Boys 400m Dash	50.2	Josh Veurink-Platte	2002
3:20	Girls 300m Hurdles	48.7	Alexa Duling-Gregory	2008
3:30	Boys 300m Hurdles	39.7	Reimer-Chamberlain	2001
3:40	Girls Medley Relay	4:29.1	Bonesteel-Fairfax	2003
3:55	Boys Medley Relay	03:48.0	Gregory	2000
4:10	Girls 800m Run	02:19.6	Valerie Warnke-Bonesteel-Fairfax	2005
4:20	Boys 800m Run	01:59.1	Dustin Randall-Platte	2002
			Andrea Warnke-Bonesteel-Fairfax	2003
4:30	Girls 200m Dash	25.9	Alexa Duling-Gregory	2005
4:45	Boys 200m Dash	22.0	Justin Noteboom-Corsica	2000
5:00	Girls 3200m Run	11:50.5	Sarah Zeisler-Butte, NE	2001
5:15	Boys 3200m Run	10:00.1	Tjay Sanderson-Chamberlain	2002
5:30	Girls 1600m Relay	04:16.3	Kimball	1998
5:40	Boys 1600m Relay	03:32.1	Kimball	2002

Coaches: Please inform your athletes to listen for calls for field events. We may start them early to prevent conflicts with races.

FIELD EVENTS

10:00	Boys Shot	50' 11 1/2"	Larry Laska-Andes Central	1980
	Girls Discus	137' 0"	Shelby Assmus- Stickney	2008
	Girls Long Jump	18' 0"	Andrea Warnke-Bonesteel-Fairfax	2003
	Boys Triple Jump	44' 9 3/4"	Oakley Haines-White Lake	2000
	Boys High Jump	6' 5"	Tom Bultjes-Platte	1986
NEXT	Girls High Jump	5'4"	Heather Combs-Gregory	2000
	Boys Discus	165' 10"	Rick Markhardt - White Lake	2006
	Boys Long Jump	22' 2 1/2"	Oakley Haines-White Lake	2000
	Girls Triple Jump	35'11 3/4"	Abby Petersek-Colome	2000
	Girls Shot	45' 4 1/2"	Jocelyn Dockendorf-Corsica	2003