

MID-DAKOTA CONFERENCE
TRACK MEET @ Wess. Springs

THURSDAY, APRIL 28, 2011

Coaches Meeting at 10:30 AM

FIELD EVENTS: 11:00—Sign up in Crows Nest

JH will precede Varsity for all events

11:00 AM	Boys Shot	Boys High Jump	Girls Discus	Girls Long Jump	Boys Triple Jump
	Girls Shot	Girls High Jump	Boys Discus	Boys Long Jump	Girls Triple Jump

RUNNING EVENTS: (TO BEGIN AT 1:00 PM)

--ROLLING TIME SCHEDULE--

JH will precede Varsity for all events

Girls 3200 Meter Relay
Boys 3200 Meter Relay

Girls 100 Meter Hurdle Finals
Boys 110 Meter Hurdle Finals

Girls 100 Meter Dash Finals
Boys 100 Meter Dash Finals

Girls 800 Relay
Boys 800 Relay

Girls 1600 Meter Run
Boys 1600 Meter Run

Girls 400 Relay
Boys 400 Relay

Girls 400 Meter Dash
Boys 400 Meter Dash

Girls 300 Hurdles-NO JH Girls
Boys 300 Hurdles-NO JH Boys

Girls Medley
Boys Medley

Girls 800 Run
Boys 800 Run

Girls 200 Meter Dash Finals
Boys 200 Meter Dash Finals

Girls 3200-No JH Girls
Boys 3200-No JH Boys

Girls 1600 Relay
Boys 1600 Relay

STICKER MEET

NO PRELIMS – ALL EVENTS FINAL

THIS IS A SANCTIONED MEET

NO CAMPS ON THEINFIELD PLEASE

PLEASE CLEAN UP YOUR CAMP AREA