

**2010 Region 6B Track & Field Meet  
Avon High School Track  
Thursday, May 20, 2010—10:00 a.m.**

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Andes Central – Avon – Corsica/Stickney – Dakota Christian -- Freeman Academy  
Freeman Public – Marty -- Menno -- Scotland – Tripp/Delmont/Armour

**Field Events**

<b>10:00</b>	<b>Girls Discus Girls Long Jump Boys High Jump Boys Shot Put Boys Triple Jump</b>	<b>11:30</b>	<b>Boys Discus Boys Long Jump Girls High Jump Girls Shot Put Girls Triple Jump</b>
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**First Session**

<b>11:00</b>	<b>100 Meter Hurdles</b>	<b>Girls</b>	<b>Prelims</b>
<b>11:15</b>	<b>110 Meter Hurdles</b>	<b>Boys</b>	<b>Prelims</b>
<b>11:30</b>	<b>3200 Meter Relay</b>	<b>Girls</b>	<b>Finals</b>
<b>11:45</b>	<b>100 Meter Dash</b>	<b>Girls, Boys</b>	<b>Prelims</b>
<b>12:05</b>	<b>3200 Meter Relay</b>	<b>Boys</b>	<b>Finals</b>
<b>12:25</b>	<b>100 Meter Dash</b>	<b>Girls, Boys</b>	<b>Semis</b>

**Final Session**

<b>1:30</b>	<b>100 Meter Hurdles</b>	<b>Girls</b>	<b>Finals</b>
<b>1:40</b>	<b>110 Meter Hurdles</b>	<b>Boys</b>	<b>Finals</b>
<b>1:45</b>	<b>100 Meter Dash</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>1:55</b>	<b>800 Meter Relay</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>2:15</b>	<b>1600 Meter Run</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>2:35</b>	<b>400 Meter Relay</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>2:50</b>	<b>400 Meter Dash</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>3:20</b>	<b>300 Meter Hurdles</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>3:40</b>	<b>Medley Relay</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>4:00</b>	<b>800 Meter Run</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>4:20</b>	<b>200 Meter Dash</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>4:40</b>	<b>3200 Meter Run</b>	<b>Girls, Boys</b>	<b>Finals</b>
<b>5:10</b>	<b>1600 Meter Relay</b>	<b>Girls, Boys</b>	<b>Finals</b>